Open Flanders SC: Session: 3: COACH Evaluation sheet for TEAM: KNZB

Coachinfo: Warming up from: 08:30 untill 09:45. **Teamleadmeeting @** **The listed starttimes are indicative!**

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 17: 50M BUTTERFLY WOMEN — Heat:4, starttime: 10:34

Heat: 4/4 Lane : 4 Athlete: ENGELSE JINTH — **Q-time: 00:26:08**

PB (25m pool): 25.71 Rotterdam 22 okt 2026 **PB (50m pool):** 26.36 **SB:**

	25 M	50 M	
PB		25.71	
	25.71		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M FREESTYLE WOMEN — Heat:2, starttime: 11:03

Heat: 2/4 Lane : 4 Athlete: ENGELSE JINTH — **Q-time: 00:54:68**

PB (25m pool): 54.25 Rotterdam 23 okt 2026 **PB (50m pool):** 55.66 **SB:**

	25 M	50 M	75 M	100 M	
PB		26.02		54.25	
	26.2		*28.23*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: